

SPRING & SUMMER SPECIALITIES

- Red Pepper & Tomato Frittata (V)** 870 kcal £17.95
 With peas, spring onions and dill. Topped with Yorkshire Squeaky Cheese, garnished with pea shoots.
- Haddock, Salmon & Prawn Gratin** 750 kcal £18.50
 Smoked haddock, salmon, prawns, spinach and leeks in a white wine and cheddar cheese sauce. With a potato rösti and seasoned breadcrumb topping.
- Superfood Salad Bowl (Ve)** 410 kcal £16.50
 Dressed leaves with sugar snap peas and spring onions. Topped with red pepper tapenade, avocado, pickled red onion, cucumber and dill salad, sweetcorn salad, and brown, red and wild rice.
- With pan-fried slices of Yorkshire chicken* 160 kcal £4.00
With Yorkshire Squeaky Cheese (V) 245 kcal £3.75
- Yorkshire Salami, Mozzarella and Roasted Tomato Sandwich** 740 kcal £13.50
 Balsamic roasted tomatoes, basil, pork and fennel salami, mozzarella and spinach in a sun-dried tomato roll.
- Passion Fruit & Raspberry Slice (V)** 420 kcal £9.75
 Layers of joconde sponge, passion fruit jelly and raspberry buttercream, topped with Italian meringue. Served with raspberry sauce and raspberries.
- Iced Mandarin & Ginger Tisane (V)** 35 kcal £6.00
 A zesty infusion served over ice.
- Iced Coffee (V)** 145 kcal £5.75
 Our espresso blend, served over ice and topped with milk.
- Yorkshire Wolds Pressed Apple & Rhubarb Juice (Ve)** 125 kcal £5.00
 (50ml) £9.95
- Pimms (V)** (50ml) £9.95
 Pimms No.1 (25% vol.) and sparkling lemonade garnished with lemon, orange, strawberry and mint.

*Where spirits are sold by the glass, the measure is 50ml.
 If you would prefer 25ml, please ask.*



Decaffeinated tea or coffee and alternative milks are available on request.
 For further calorie (kcal) information regarding alternative milks please speak to a member of staff.

Adults need around 2000 kcal a day.



SPRING & SUMMER AFTERNOON TEA

Afternoon Tea is served all day.

Traditional Afternoon Tea

A selection of sandwiches
Yorkshire smoked salmon
Cucumber, dill and cream cheese
Coronation Yorkshire chicken
Ham and wholegrain mustard

A sultana scone with Yorkshire strawberry preserve and clotted cream.

A miniature cake selection
Chocolate cube
Raspberry and lemon tartlet
Mango and passion fruit battenberg

A teapot for one of Tea Room Blend tea.

1300 kcal £29.95 (per person)

Traditional Afternoon Tea with Pink Champagne

Served with a glass of Collet Rosé Champagne 12.5% vol. (125ml Glass) £37.95 (per person)

Traditional Afternoon Tea with Prosecco

Served with a glass of Valdobbiadene Prosecco Superiore 11.5% vol. (125ml Glass) £34.95 (per person)

Low alcohol option available on request.

If you would prefer a vegetarian or vegan selection, please let us know.



BOOK AFTERNOON TEA

It's also possible to book Afternoon Tea in our elegant Imperial Room, in Harrogate, and Belmont Room, in York. Both are upstairs from the main café and provide a beautiful, historic setting for celebrations.

Visit www.bettys.co.uk/cafe-tea-rooms to book a table.

ALLERGIES/INTOLERANCES

Please inform your server if you have any allergies or dietary requirements.

Please note we are only able to provide information and guidance on the legal 14 allergens which include: gluten, milk, eggs, soya, nuts, peanuts, fish, crustaceans, molluscs, celery, mustard, sesame, sulphites and lupin.

We are unable to provide information or guarantee an absence of all other ingredients.

*(V) suitable for vegetarians *(Ve) suitable for vegans.

*Vegan food is made to a vegan recipe but may come into contact with non-plant-based ingredients.

Due to the open plan nature of our kitchens we are unable to guarantee a complete absence of gluten, however, we do offer dishes and products that are made with non-gluten containing ingredients. Not suitable for those with Coeliac disease. In our Craft Bakery products are made where nuts, gluten, milk, eggs, mustard and soya are used, so may contain traces. Some of our products may also contain traces of peanut due to ingredients from our suppliers. Although every effort has been taken during preparation, pips, stones and bones may still be present where naturally occurring.