

Rhubarb Pithivier with Rhubarb Syrup

Serves 2



INGREDIENTS

For the syrup:

50ml rose wine

75g caster sugar

A few drops of rose flavouring

150g forced rhubarb, thin sticks cut into 5cm lengths

For the Frangipane:

50g butter, softened

50g caster sugar

50g ground almonds

50g plain flour

1 egg beaten

For the Pithivier

250g puff pastry

1 egg yolk, beaten

10g caster sugar

METHOD

I. Preheat the oven to 190°C (fan assisted)

For the syrup:

- 2. In a heavy based saucepan, add the wine, rose flavouring and caster sugar. Bring to a simmer, add the trimmed rhubarb and lightly poach for a minute or until the fruit begins to soften.
- 3. Carefully remove the rhubarb to prevent any further cooking and reserve the cooking liquor.
- 4. Roll out the puff pastry to 1-2mm in thickness to make approximately a $30 \, \text{cm} \times 20 \, \text{cm}$ rectangle. Cut out two discs using a template of approximately 15cm in diameter.
- 5. Place the discs on a baking tray lined with a sheet of baking parchment and chill until required.

To make the frangipane:

6. In a bowl, beat the butter and sugar together, then gradually add the beaten egg. Stir through the ground almonds and the flour together and place into a piping bag.

7. Remove the pastry from the fridge and arrange the cooled, drained fruit in the centre of one disc.

- 8. Pipe a circle of the frangipane mix around the edge of the fruit, leaving the outside edge of the pastry disc clear. Top the fruit with the remaining frangipane.
- 9. Brush the rim of the disc with the beaten egg and carefully lay the second disc of pastry on top. With a fork, press to seal the two discs together to form a parcel. Brush the entire top of the pithivier with beaten egg to glaze.
- 10. Mark half moon swirls from the centre to the edge of the parcel working all round the parcel to form a spiral decoration.
- 11. Bake in the oven at 190° C for 25-30 minutes until risen and golden brown.
- 12. When removed from the oven immediately sprinkle with caster sugar.
- 13. Place the reserved fruit poaching liquor in a saucepan and reduce, then drizzle syrup around the pithivier.